



\$10 Entry Fee includes T-shirt, refreshments, and swimming after event

Medals awarded to 1st Place in each Male and Female Category:

- Grade School
- High School
- Age 19-29
- Age 30-39
- Age 40-49
- Age 50-59
- Over 60

Register at the Aquatic Park, City Hall, Prairie du Chien Memorial Hospital, or 8:00 a.m. at the Run/Walk

**Saturday, July 25
9:00 a.m.**

Aquatic Park

1401 East Wells Street
Prairie du Chien, Wisconsin

Thank you to PdC EMS for providing on-site rescue personnel.



Sponsored by Prairie du Chien Park & Recreation Department and Prairie du Chien Memorial Hospital Healthy Lifestyles

REGISTRATION:

Register in advance by sending completed form to Recreation Director, P.O. Box 324, Prairie du Chien, WI 53821 or register on day of the Run/Walk at 8:00 a.m. at the swimming pool at 1401 East Wells Street.

In consideration of the foregoing, I, for myself, my heirs, executors, and administrators, waive and release any and all legal rights and claims for damages I may have against the PdC Park & Recreation Department, City of Prairie du Chien, and Prairie du Chien Memorial Hospital for all claims, damages, demands, or actions whatsoever in any manner as a result of my participation in said race/walk.

Name _____

Address _____ City _____ State _____ Zip _____

Age _____ Sex _____ Category _____ 5-Mile Run _____ 3-Mile Walk _____ T-Shirt Size (circle one)
M - L - XL -XXL

Signature _____ Parent's Signature if under 18 _____

Please make checks payable to: Prairie du Chien Park and Recreation Department